1. Disclose as little as possible about yourself.

2. Be aware, and do not accept, that you are being observed and that your data is being collected.

3. Do not believe everything you see or read online and keep yourself informed utilizing alternative sources.

4. Do not condone bullying or hateful behavior.

5. Respect the dignity of others and remember, even in the world wide web rules are applicable.

6. Do not trust everyone with whom you only have contact online.

7. Protect yourself and others from extreme content.

8. Do not value your own worth by likes and posts.

9. Do not judge yourself and your body by numbers and statistics.

10. Once in a while turn off your digital devices and treat yourself to a timeout.

10 Golden Rules of Digital Ethics
How can we proficiently live together in the web?
Hello together,

We live in a digitized world in which we have more freedom but also more responsibility. The way we behave and how we deal with conflicts is a reflection of our ethical attitude.

It is time to agree on how a good and successful life in a digital society should look like.

The 10 Golden Rules of Digital Ethics can be understood as guidelines. These 10 Golden Rules should help to appreciate the dignity of everyone, his/her self-determination as well as his/her freedom of action.

**Let us respect them.**