Disclose as little as possible about yourself. **1**

Be aware, and do not accept, that you are being observed and that your data is being collected. **2**

Do not believe everything you see or read online and keep yourself informed utilizing alternative sources. **3**

4 Do not condone bullying or hateful behavior.

5 Respect the dignity of others and remember, even in the world wide web rules are applicable.

6 Do not trust everyone with whom you only have contact online.

Protect yourself and others from extreme content. **7**

Do not value your own worth by likes and posts. **8**

Do not judge yourself and your body by numbers and statistics. **9**

Once in a while turn off your digital devices and treat yourself to a timeout. **10**

10 Golden Rules of Digital Ethics

How can we proficiently live together in the web?

Hello together,

We live in a digitized world in which we have more freedom but also more responsibility. The way we behave and how we deal with conflicts is a reflection of our ethical attitude.

It is time to agree on how a good and successful life in a digital society should look like.

The 10 Golden Rules of Digital Ethics can be understood as guidelines. These 10 Golden Rules should help to appreciate the dignity of everyone, his/her self-determination as well as his/her freedom of action.

Let us respect them.

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